Pre Care Instructions

Before Your Treatment

1. Avoid any kind of tanning (Spray tanning, tanning injections, sun tanning and tanning beds) for 2 to 4 weeks before your treatment. Ideally, you should try to use a physical sunscreen with SPF5O (zinc oxide and/or titanium oxide sunscreen) to prep your skin for 2 to 4 weeks before your treatment, especially if you are naturally darker skinned.

2. Avoid any other type of procedures on the same area which you intend to have treated with Plasma Fibroblast, such as laser therapy, chemical peels, Botox, fillers, as this may prevent your treatment being performed by your technician at the time you want it.

• No facial acids (Retin A, salicylic, glycolic) 4 weeks before or 6 weeks after Plasma Fibroblast.

• No Botox or fillers 6 weeks before or after Plasma Fibroblast.

• No Micro needling/PRP 4 weeks before or 6 weeks after Plasma Fibroblast.

• No laser or peels (depending on intensity of peel) for 28 days to 6 weeks before or after Plasma Fibroblast.

• Surgical procedures like face lifts you must wait at least 9 months postop/before Plasma Fibroblast.